

Qualsafe Level 3 Award in First Aid at Work (Annual Refresher) (RQF)



3 hour course



Meets HSE recommendations



Recommended annually until first aid requalification training is required



Course Overview

Did you know that the HSE guidelines state that employers should ensure their first aiders remain competent to perform their role? As such, it is strongly recommended that first aiders undertake annual refresher training.

The **Qualsafe Level 3 Award in First Aid at Work (Annual Refresher) (RQF)** qualification allows qualified first aiders to update their first aid skills yearly, until requalification training is required.

Successful candidates will leave with a renewed confidence, having refreshed the first aid skills needed to deal with emergency situations.

What's Covered?

- + Assessing an incident
- + Managing an unresponsive casualty
- + Recovery Position
- + CPR and defibrillation
- + Choking
- + Seizures

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