

## Combined First Aid at Work and Paediatric First Aid Course



3 day course



Ofqual regulated



Certificates valid for 3 years



### Course Overview

The Combined First Aid at Work and Paediatric First Aid Course is ideal for those who work in settings that require both first aiders and paediatric first aiders, such as schools, childcare settings, sports clubs or other.

Combining the **Qualsafe Level 3 Award in First Aid at Work (RQF)** and the **Qualsafe Level 3 Award in Paediatric First Aid (RQF)** into 3 extended days of classroom learning, this specially designed course minimises the number of training days required to achieve both qualifications.

Candidates will cover a range of topics needed to provide effective first aid for adults, children and infants including CPR and defibrillation, choking, stroke, head injuries, asthma and much more.

### What's Covered?

Topics Include:

- ⊕ Roles and responsibilities of both first aiders and paediatric first aiders
- ⊕ CPR and defibrillation
- ⊕ Managing an unresponsive casualty
- ⊕ Choking
- ⊕ Burns and scalds
- ⊕ Wounds, bleeding and shock
- ⊕ Broken bones, fractures and dislocations
- ⊕ Meningitis
- ⊕ Asthma
- ⊕ Seizures and Epilepsy
- ⊕ Febrile convulsions
- ⊕ Anaphylaxis and Allergic reaction
- ⊕ Minor injuries

Note: The First Aid at Work content aligns with **Health and Safety Executive (HSE) syllabus** and the Paediatric First Aid content aligns with the **Early Years Foundation Stage (EYFS) syllabus**.

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